

Questions to ask the Youth as the Activities are Reviewed

At the end of an Adventure, it is time for review. As part of the review, take time to consider which of the SPICES emerged when doing this Adventure.

- **Social • Physical • Intellectual • Character**
- **Emotional • Spiritual**

Here are some other thoughts about the SPICES as part of The Canadian Path.

- The Plan-Do-Review process focuses on the Six Program Areas*. The planning is not done around the SPICES.
- While we don't plan our Adventures around the SPICES, experiences that lend themselves to development in one or more of the SPICES will naturally emerge in each Adventure.
- **The key is to remember that our goal in Scouting is the development of the whole person.** Just keep that in mind throughout the Plan-Do-Review for Adventures and you'll be surprised how you begin to notice the SPICES.
- **Each youth's development is a personal progression.** Each Adventure may develop different or multiple SPICES in each youth. This is an organic process, not a planned process. As a Scouter, you are there to notice and help youth celebrate their milestones during their development.
- **As you get to know the youth in your Section, you will begin to identify specific SPICES where each might need encouragement to grow.** Then you can look for opportunities you can provide for that youth to explore that particular area. Example: Is there one youth who never wants to lead a game? Take time to get to know the youth and find out why. Maybe he or she is scared to speak in public (social), or not sure how to remember the instructions (intellectual) or feels awkward in the movements required in the game (physical). Once you have identified what SPICES the youth needs to develop, you can find smaller steps that will help them grow and ultimately help prepare the youth to take on leadership of the game.
- **Remember it is all about personal progression.** There are no set standards to reach in the SPICES. One youth may talk all the time and be very comfortable socially, while another youth who talks all the time may be covering up a great deal of anxiety about working in groups of people. You need to get to know the youth.
- **The review process is the place where the SPICES are integrated.** Reviewing should never feel formal. Instead, it should be a casual discussion where everyone's input is welcome. Ask questions from the lists provided below that are appropriate to the individual youth and the Adventure will bring attention to the SPICES. You won't need to use all of these questions every time you do review. Pick and choose the questions appropriate to the Adventure and feel free to re-word them or add your own questions. If the answer given is a short yes, no or maybe, invite the youth to tell you a story or give you an example to explain.
- **The role of a Scouter** is not to teach SPICES, but to maximize opportunities for growth and development of the youth as a whole. Scouters should notice when this growth happens and help the youth discover this personal growth. Youth and Scouters should keep SPICES in the back of their minds throughout the Plan-Do-Review of Adventures. Many will be surprised when they begin to notice the SPICES emerging throughout the Adventure.

* Six Program Areas: Environment and Outdoors, Leadership, Active and Healthy Living, Citizenship, Creative Expression and Beliefs and Values



Social

- What did I learn about leading and following?
- How did I get along with others?
- How did I work with those who had different skills and abilities?
- How did I make my community a better place to live?
- What did I learn about working with others?



Physical

- How did I overcome a physical challenge?
- How did I improve my physical health and fitness?
- What did I do to improve my capabilities in a physical activity?
- What did I learn from exploring a new environment?
- How did I improve my nutrition?



Intellectual

- What did I discover about how I learn? What did I learn that I didn't know before?
- What skills did I improve?
- What new skills or activities I learned would I like to further develop?



Character

- What did I learn about myself?
- What "good turns" did I complete?
- What meaningful experiences did I have?
- How did I set a good example for others?



Emotional

- How did I deal with a difficult situation?
- What did I learn about leadership?
- Who are some good people I can turn to when I need help?



Spiritual

- What are my personal principles, beliefs, and values?
- How did I live up to those things I believe?
- How did my values change or evolve?
- What did I learn about others' beliefs and values?

